

INTROVERTS AND EXTROVERTS

In this unit, we will learn about personality types and how people get energy in different social situations.

INTROVERTS AND EXTROVERTS - MAIN PRESENTATION

Watch this lecture and take notes.

You can review the questions before you watch the video, and answer them after you watch:

- 1. What are the main ideas in this presentation?**
- 2. What is the correct definition of introverts? Give examples and details from the video.**
- 3. What is the correct definition of extroverts? Give examples and details from the video.**
- 4. What is the meaning of “ambiverts”?**
- 5. How can this information help you?**
- 6. Do you consider yourself an introvert or an extrovert? Why? Explain your answer with some examples from your life.**



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can view them online here:

<https://openoregon.pressbooks.pub/greentea/?p=23>

Click here if you want to open the video in another tab and watch it full screen.

VOCABULARY 1 - INTROVERTS AND EXTROVERTS

- deal with
- unique
- individuals
- figure out
- gain
- misconception
- hang out with
- Considerate
- black and white

Read and focus on the **bold words** in these examples.

Have you seen them before? Are they new?

Take notes about the meaning, translation, and/or part of speech.

1. Extroverts are the people we all want to **hang out** with.
2. Introversion and extroversion specifically **deal with** how **individuals** may **gain** and lose energy.
3. Another major **misconception** on the **topic** of introverts and extroverts is the idea that you need to be one way or the other.
4. Introversion and extroversion are not completely **black and white**. There is a **gray area**.
5. **Figuring out** where you fall on the scale can be **extremely** helpful when trying to understand your **unique** qualities.
6. **Be aware** and be **considerate** of the different ways people **function**.

VOCABULARY 2 - INTROVERTS AND EXTROVERTS

Read and focus on the **bold words**.

Have you seen them before? Are they new?

Take notes about the meaning, translation, and/
or part of speech.

6. More and more people are becoming **familiar with** the terms *introvert and extrovert*.
7. Introverts gain energy from their internal world. This means they enjoy deep thinking, **contemplating** new ideas, and **reflecting** upon their experiences.
8. This doesn't mean that extroverts can't contemplate **complex** ideas.
9. More and more people are becoming **familiar with** the terms *introvert and extrovert*.
10. Introverts gain energy from their internal world. This

means they enjoy deep thinking, **contemplating** new ideas, and **reflecting** upon their experiences.

11. This doesn't mean that extroverts can't contemplate **complex** ideas.

STRENGTHS AND WEAKNESSES OF EXTROVERTS

Watch the video and take notes. Can you catch all the main ideas?

There are 5-6 strengths of extroverts, and 5 weaknesses.



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PRONUNCIATION PRACTICE A - INTROVERTS AND EXTROVERTS

Practice saying the reading out loud slowly, loudly, and clearly. You can record your voice and listen to it below.

After you practice, use a phone or computer to record yourself reading out loud, and send the recording to your teacher.

Now I'm familiar with the terms *extroverts* and *introverts*. Some people think introverts are individuals who are very shy and aren't social. This is a misconception! Introverts are individuals who need some time alone to recharge their energy. They like to be around people, and it's fun to hang out with them, but sometimes they prefer to be alone. This may be difficult for an extrovert to understand.



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Focus on Pronunciation

Everyone has different pronunciation challenges. Which ones are important for you?

- ch and j (extrovert, introvert, individuals, recharge, energy)
- sh (shy, social, misconception)
- th (the, think, they)
- s at the end of a word (terms, extroverts, introverts)
- r after a vowel (familiar, term, extroverts, introverts)

PRONUNCIATION PRACTICE B - PAST TENSE, INTROVERTS AND EXTROVERTS

Practice saying the reading out loud slowly, loudly, and clearly. You can record your voice and listen to it below.

After you practice, use a phone or computer to record yourself reading out loud, and send the recording to your teacher.

Before, Eric thought that introverts were shy people. But when he heard information, read, thought, and spoke about the topic, he understood more. Now he knew that this was a misconception! He saw that introverts were individuals who need some time alone to recharge their energy. Because of the practice that we did, he found a new way to understand both introverts and extroverts.



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<https://openoregon.pressbooks.pub/greentea/?p=213#h5p-3>

Focus on Pronunciation

Can you find the past tense verbs? There are 13 of them.

Also, everyone has different pronunciation challenges. Which ones are important for you?

- ch and j (extrovert, introvert, individuals, recharge, energy)
- sh (shy, information, misconception)
- th (the, thought, they)
- s at the end of a word (terms, extroverts, introverts)
- r after a vowel (were, heard, extroverts, introverts)

FINISHING THE NOTES FROM THE LECTURE (INTERACTIVE ACTIVITY)

Drag and drop the words in each part to finish the notes from the lecture. Notice the organization of main ideas and details.



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